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Botanical Placemat and Napkins



Shopping List:

- PFAFF creative™ 2170 sewing and embroidery machine
- Embroidery design #137701 from myembroideries.com (side B only) OR PFAFF embroidery collection #377 Tapestry In Bloom
- PFAFF Adjustable Guide Foot
- INSPIRA™ Tear Away Stabilizer
- Robison Anton 40 wt. Rayon Embroidery thread, 8 colors
- Construction thread – one spool to match fabric color
- YLI Soft Touch bobbin thread
- INSPIRA Universal Needle 80/12
- 3 Yards 45" W linen or linen/rayon blend
- 1½ Yards of 20" W medium weight fusible interfacing (or ¾ yard of 45" W)
- Appliqué Pressing Sheet
- Scissors or rotary cutter, ruler, mat
- Pins
- Air erasable marking pen
- Iron and press mat

Note: The above requirements are for a set of four placemats and napkins.

Cutting:

Note: For best results when working with linen, it is recommended that you establish the grain line first. Do this by pulling a thread from the cross grain of the fabric. Once the straight grain has been established, cut your pieces with large scissors or a rotary cutter.

Placemats:

- Linen- cut eight rectangles 15" L x 20" W
- Medium weight fusible interfacing- cut four pieces 13" L x 18" W

Napkins:

- Linen- cut four 20"x 20" squares

Placemat Preparations:

1. Place one of the 15" L x 20" W rectangles of linen right side down on your ironing surface.
2. Center one piece of 13" L x 18" W medium weight fusible interfacing on the backside of the linen.
3. Fuse the interfacing in place using an appliqué pressing sheet to protect your iron.
4. Turn fused linen right side up and mark a vertical line 5" in from the right cut edge of the placemat using an air erasable marking pen.
5. Draw a horizontal center line across the placemat.
6. Repeat for all four placemats.

Embroidery:

1. Prepare your creative²¹⁷⁰ sewing and embroidery machine for embroidery. Attach the embroidery unit, disengage IDT and attach the embroidery foot. Lower the feed dogs. Wind a bobbin with YLI Soft Touch bobbin thread and place it in the machine. Insert a new INSPIRA Universal Needle 80/12 and thread your machine with Robison Anton 40 wt. rayon embroidery thread – the first color of your design.
2. Transfer side B only of embroidery design # 137701 to your creative²¹⁷⁰.
3. Place one piece of INSPIRA Tear Away stabilizer in the 225mm x 140mm hoop. Position a placemat on top of the hoop, matching vertical and horizontal lines to the notches on the inner hoop. Baste in place.
4. Embroider the design through all of the color changes.
5. Remove excess stabilizer.
6. Repeat for all four placemats.

Construction:

1. Set your creative²¹⁷⁰ sewing and embroidery machine for sewing. Move your embroidery arm to sew position, raise the feed dogs, attach the Adjustable Guide Foot and engage IDT. Thread with construction thread to match your fabric for top and bobbin. Select a zigzag stitch, #3. L = 3.0 and W = 1.5.
2. Layer the remaining linen rectangles on the backside of the embroidered placemats, right sides out. Pin the layers together.
3. Set the Adjustable Guide Foot for a 1" seam, activate the needle down function.
4. Sew around the placemat, pivoting at the corners.
5. Fray the edges down to 1/8" from the stitching line.
6. Repeat for all four placemats.

Napkins:

If desired, use embroidery software to cut out a small portion of the design to embroider on the napkins.

Construction:

1. Set the Adjustable Guide Foot for a 1/2" seam, activate the needle down function.
2. Using the same narrow zigzag stitch as above, sew around the napkin, pivoting at the corners.
3. Fray the edges down to 1/8" from the stitching line.
4. Repeat for all four napkins.